

# Social Services Help

For local assistance with any of the resources listed below: Jason Stone at 781-670-4935.

For local assistance with substance use recovery: Tracy Ascolillo at 781-879-2117.

For local assistance with mental health support: Jennifer Waczkowski at 339-223-1736.

## Shelters:

### **Action Emergency Shelter**

370 Main St., Gloucester 978-283-4125

### **LifeBridge**

56 Margin Street, Salem MA 978-744-0500

### **Lynn Emergency Shelter**

100 Willow Street, Lynn 781-581-6600

### **River House (men only)**

56 River Street, Beverly 978-921-1304

### **Shelters for Victims of Domestic Violence SafeLink**

(877) 785-2020

## Food:

### **Project Bread Foodsource Hotline**

1-800-645-8333

### **Wakefield Food Pantry**

467 Main Street

### **First Parish Congregational Church Shepherd's Table**

1 Church Street Wakefield. Free meal on the last Monday of each month at 5:00 pm.

### **St. Joseph Parish**

173 Albion Street Wakefield. Free meal on the third Thursday of each month.

### **First Baptist Church**

493 Main Street Malden. Free Evening Meals, 5:30-6:30 pm:

- Tuesdays – Bread of Life, 54 Eastern Ave., Malden (Take-Out meal only).

- Wednesdays – Salvation Army 213 Main St., Malden, MA.
- Thursdays – Salvation Army 213 Main St., Malden, MA.
- Fridays – First Baptist Church, Malden

## **Cor Unum Meal Center**

191 Salem Street Lawrence. Serving breakfast (6:00am-8:00am) and dinner (4:30pm-6:30pm), seven days a week

## **Dept. of Transitional Assistance (DTA) – SNAP & TAFDC:**

<https://dtaconnect.eohhs.mass.gov/>

## **Housing**

### **Wakefield Housing Authority**

<https://www.wakefieldhousing.org/>

### **Public Housing Applications (CHAMP & AHVP):**

<https://publichousingapplication.ocd.state.ma.us/>

### **Section 8 Housing Choice Voucher Program (federally-funded):**

<https://www.affordablehousing.com/masscwl>

### **U.S. Dept. of Housing and Urban Development (HUD) - Rental Help:**

<https://www.hud.gov/states/massachusetts/renting>

## **Career:**

### **Massachusetts Vocational Rehabilitation Commission (MRC):**

<https://www.mass.gov/service-details/what-is-vocational-rehabilitation>

### **MassHire Metro-North Career Center:**

[www.masshiremncareers.com](http://www.masshiremncareers.com)

### **Job Quest:**

<https://jobquest.dcs.eol.mass.gov/JobQuest/NewSearch.aspx>

### **Career OneStop:**

[www.careeronestop.org/](http://www.careeronestop.org/)

## **Financial Assistance:**

### **Department of Unemployment Assistance (DUA):**

<https://www.mass.gov/orgs/departments-of-unemployment-assistance>

### **Massachusetts' home energy assistance program (LIHEAP):**

<https://www.mass.gov/how-to/apply-for-home-heating-and-energy-assistance>

### **Massachusetts Health Connector (MassHealth Insurance):**

<https://www.mahealthconnector.org/>

### **Social Security (SSI/SSDI/Medicare):**

<https://www.ssa.gov/>

## **Health:**

### **National Alliance on Mental Health (NAMI)**

In a Crisis? Call 800-950-6264

### **National Suicide Prevention Hotline**

1-800-273-8255

### **Respond, Inc:**

617-440-7267; Ceara Tavares (domestic violence) [ceara@respondinc.org](mailto:ceara@respondinc.org)

### **Eliot House**

[www.eliotchs.org](http://www.eliotchs.org)

- Tracy Ascolillo (recovery coach outpatient) 781-879-2117; 800-988-1111  
[tascalillo@eliotchs.org](mailto:tascalillo@eliotchs.org)
- Jennifer Wackowski (clinical coordinator) 339-223-1736; 339-219-454; 800-988-1111  
[jwackowski@eliotchs.org](mailto:jwackowski@eliotchs.org)

## **Other:**

### **Wakefield Human Services:**

- Jason Stone (Social Services Coordinator) 781-670-4935

### **Wakefield Police Department:**

- Officer Amy Rando (Family Services Officer) 339-219-4519

## **Mass 211**

Dial 2-1-1 for nearest emergency services in Massachusetts